



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Francisco Paulino

LAGOAZÊDARUNNING

Circuit : 6 KM SOLO MASCULINO

Distance : 6700m (Dénivelé 300m)

Temps : 0:54:03,121 (8'04"/km)

61/122

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |
| 3. Elibelton | 0:35:48,367 |

1.	75	00:46:09	5600m	8'14"/km	RETORNO 6KM - REENCONTRO	
2.	999	00:07:54	00:54:03	1100m	7'11"/km	CHEGADA

HELGA



Orienteering Software