



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Williams Araújo De Lima

SEM EQUIPE

Circuit : 6 KM SOLO MASCULINO

Distance : 6700m (Dénivelé 300m)

Temps : 0:42:25,570 (6'20"/km)

23/122

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |
| 3. Elibelton | 0:35:48,367 |

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|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:36:04 | 5600m | 6'26"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:06:21 | 00:42:25 | 1100m | 5'46"/km | CHEGADA |

