



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Jose Alesson

KAMIKAZE ADVENTURE PILAR

Circuit : 6 KM SOLO MASCULINO

Distance : 6700m (Dénivelé 300m)

Temps : 0:39:13,558 (5'51"/km)

14/122

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |
| 3. Elibelton | 0:35:48,367 |

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|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:34:00 | 5600m | 6'04"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:05:13 | 00:39:13 | 1100m | 4'45"/km | CHEGADA |

