



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Elibelton

FORÇA E SUPERAÇÃO

Course : 6 KM SOLO MASCULINO

Distance : 6700m (Climbing 300m)

Time : 0:35:48,367 (5'21"/km)

3/122

O.K.

[Full result on Webres](#)

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|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:30:35 | 5600m | 5'28"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:05:13 00:35:48 | 1100m | 4'45"/km | CHEGADA |

