



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Catarina Amélia Maciel Santos

Amélia

SEM EQUIPE

Omloop : 6 KM SOLO FEMININO

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:52:02,996 (16'43"/km)

105/122

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------------|-------------|
| 1. Vanessa Nolasco | 0:39:35,468 |
| 2. Daniela Silva | 0:44:15,964 |
| 3. Neuza Candido Silva | 0:49:37,050 |

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|----|-----|----------|----------|-----------|--------------------------|
| 1. | 75 | 01:39:12 | 5600m | 17'43"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:12:50 | 01:52:02 | 1100m | 11'40"/km |
- CHEGADA

