

TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Luana Marttina

ML RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:28:18,101 (13'11"/km)

67/122

O.K.

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|------------------------|-------------|
| 1. Vanessa Nolasco | 0:39:35,468 |
| 2. Daniela Silva | 0:44:15,964 |
| 3. Neuza Candido Silva | 0:49:37,050 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:16:47 | 5600m | 13'43"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:11:31 01:28:18 | 1100m | 10'28"/km | CHEGADA |

