



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Adlania Tavares Araújo

CARCARÁ ARAPIRACA RUNNING

Course : 6 KM SOLO FEMININO

Distance : 6700m (Climbing 300m)

Time : 1:09:11,429 (10'20"/km)

33/122

O.K.

[Full result on Webres](#)

- | | |
|------------------------|-------------|
| 1. Vanessa Nolasco | 0:39:35,468 |
| 2. Daniela Silva | 0:44:15,964 |
| 3. Neuza Candido Silva | 0:49:37,050 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 00:59:49 | 5600m | 10'41"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:09:22 01:09:11 | 1100m | 8'31"/km | CHEGADA |

