



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Lucineide Souza

LIFESTYLE RUNNING ARAPIRACA

Circuit : 6 KM SOLO FEMININO

Distance : 6700m (Dénivelé 300m)

Temps : 0:57:29,148 (8'35"/km)

8/122

O.K.

[Résultats complets sur Webres](#)

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|------------------------|-------------|
| 1. Vanessa Nolasco | 0:39:35,468 |
| 2. Daniela Silva | 0:44:15,964 |
| 3. Neuza Candido Silva | 0:49:37,050 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:48:51 | 5600m | 8'43"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:08:38 00:57:29 | 1100m | 7'51"/km | CHEGADA |

