



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Vanessa Nolasco

GILDO COSTA ASSESSORIA ESPORTIVA

Course : 6 KM SOLO FEMININO

Distance : 6700m (Climbing 300m)

Time : 0:39:35,468 (5'54"/km)

1/122

O.K.

[Full result on Webres](#)

- | | |
|------------------------|-------------|
| 2. Daniela Silva | 0:44:15,964 |
| 3. Neuza Candido Silva | 0:49:37,050 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:33:38 | 5600m | 6'00"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:05:57 00:39:35 | 1100m | 5'25"/km | CHEGADA |

