



XII Campeonato Cearense de Orientação Sprint - XII CCOS - Percursos

EAMCE 22.9.2024

Clube de Orientação Desporto e Lazer

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Clube de Orientação Coqueiro

Strecke : H Adulto E

Länge : 2600m (Steigung 30m)

Zeit : 0:11:31 (4'26"/km)

1/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|----------------------------------|---------|
| 2. Lamarck Augusto Gadelha Reges | 0:14:05 |
| 3. João Pedro Macedo Delgado | 0:16:51 |

1.	58	00:00:57		190m	5'00"/km
2.	33	00:00:33	00:01:30	138m	3'59"/km
3.	57	00:00:38	00:02:08	135m	4'41"/km
4.	50	00:00:40	00:02:48	121m	5'31"/km
5.	36	00:00:28	00:03:16	83m	5'37"/km
6.	60	00:00:35	00:03:51	117m	4'59"/km
7.	55	00:00:42	00:04:33	123m	5'41"/km
8.	47	00:00:34	00:05:07	69m	8'13"/km
9.	46	00:00:54	00:06:01	192m	4'41"/km
10.	45	00:00:23	00:06:24	72m	5'19"/km
11.	37	00:00:26	00:06:50	58m	7'28"/km
12.	53	00:00:21	00:07:11	66m	5'18"/km
13.	40	00:00:34	00:07:45	120m	4'43"/km
14.	42	00:00:39	00:08:24	97m	6'42"/km
15.	73	00:00:37	00:09:01	99m	6'14"/km
16.	67	00:00:44	00:09:45	110m	6'40"/km
17.	48	00:00:49	00:10:34	154m	5'18"/km
18.	71	00:00:30	00:11:04	97m	5'09"/km
19.	100	00:00:15	00:11:19	59m	4'14"/km
20.	999	00:00:12	00:11:31	72m	2'47"/km

Orienteering Software