



TREINO EQUIPES DO QGEX 2024

CCOMGEX 19.9.2024

MA ORIENTEERING

Ten Soares

DGO

Percurso : D45A

Distancia : 2600m (Desnivel 25m)

Tempo : 1:01:31 (23'40"/km)

4/9

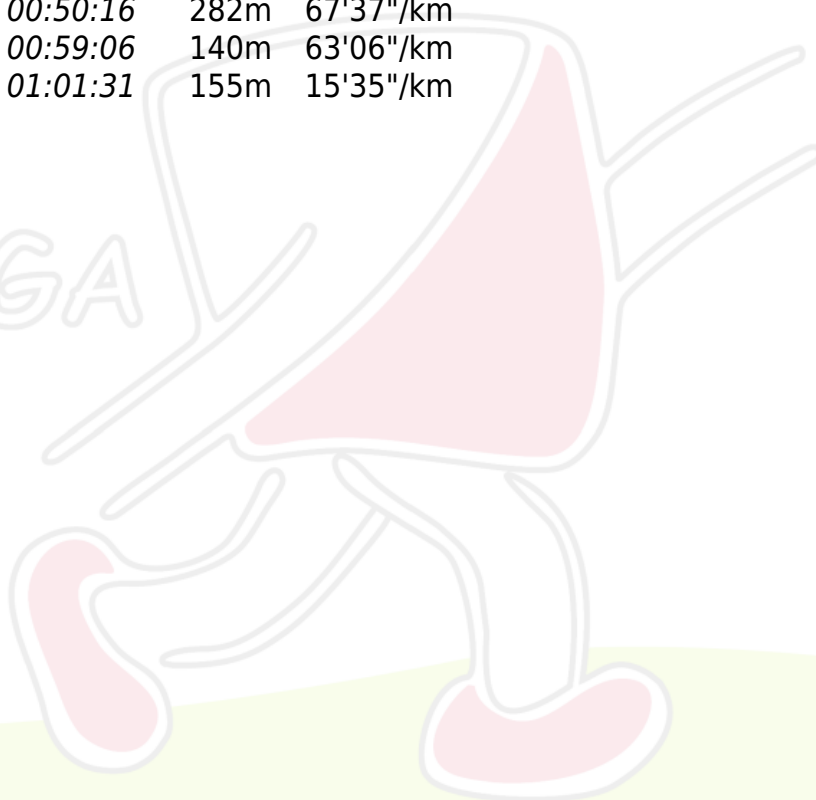
O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------|---------|
| 1. Miguel Leal | 0:40:35 |
| 2. Sgt Joana | 0:49:35 |
| 3. Asp Marianne | 0:59:55 |

1.	33	00:02:23		177m	13'28"/km
2.	34	00:08:14	00:10:37	269m	30'36"/km
3.	31	00:02:11	00:12:48	210m	10'24"/km
4.	37	00:04:32	00:17:20	375m	12'05"/km
5.	41	00:03:18	00:20:38	276m	11'57"/km
6.	40	00:04:19	00:24:57	388m	11'08"/km
7.	35	00:06:15	00:31:12	298m	20'58"/km
8.	36	00:19:04	00:50:16	282m	67'37"/km
9.	32	00:08:50	00:59:06	140m	63'06"/km
10.	999	00:02:25	01:01:31	155m	15'35"/km

HELGA



Orienteering Software