



Treinamento Eqp militar Brasil - 3º Médio

Itutinga MG 17.9.2024

CDE

Flademir

CDE

Course : H21E

Distance : 5800m (Climbing 210m)

Time : 0:56:13 (9'42"/km)

4/9

O.K.

[Full result on Webres](#)

- | | |
|------------|---------|
| 1. Fábio | 0:47:07 |
| 2. Schmitz | 0:52:55 |
| 3. Ariel | 0:54:55 |

1.	31	00:02:02		200m	10'10"/km
2.	32	00:02:14	00:04:16	268m	8'20"/km
3.	33	00:01:41	00:05:57	204m	8'15"/km
4.	34	00:01:04	00:07:01	169m	6'19"/km
5.	35	00:01:34	00:08:35	313m	5'00"/km
6.	40	00:03:28	00:12:03		
7.	36	00:01:29	00:13:32		
8.	37	00:01:53	00:15:25	160m	11'46"/km
9.	38	00:03:29	00:18:54	203m	17'10"/km
10.	39	00:01:43	00:20:37	145m	11'50"/km
11.	33	00:03:46	00:24:23	182m	20'42"/km
12.	40	00:01:20	00:25:43	225m	5'56"/km
13.	41	00:01:32	00:27:15	278m	5'31"/km
14.	42	00:01:28	00:28:43	240m	6'07"/km
15.	43	00:07:29	00:36:12	599m	12'30"/km
16.	38	00:01:58	00:38:10	172m	11'26"/km
17.	44	00:01:16	00:39:26	179m	7'05"/km
18.	47	00:01:52	00:41:18	192m	9'43"/km
19.	46	00:07:05	00:48:23	450m	15'44"/km
20.	42	00:01:30	00:49:53		
21.	35	00:01:47	00:51:40		
22.	41	00:00:39	00:52:19	114m	5'42"/km
23.	32	00:02:10	00:54:29	493m	4'24"/km
24.	45	00:00:57	00:55:26	198m	4'48"/km
25.	999	00:00:47	00:56:13	181m	4'20"/km

Orienteering Software