



Treinamento Eqp militar Brasil - 3º Médio

Itutinga MG 17.9.2024

CDE

Marnet

CDM

Omloop : D21E

Afstand : 4600m (Hoogteverschil 170m)

Tijd : 0:59:25 (12'55"/km)

3/7

O.K.

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- | | |
|--------------|---------|
| 1. Sirlana | 0:53:24 |
| 2. Priscilla | 0:56:52 |

1.	45	00:01:44		170m	10'12"/km
2.	32	00:01:50	00:03:34	198m	9'16"/km
3.	33	00:02:28	00:06:02	204m	12'05"/km
4.	37	00:02:25	00:08:27	124m	19'29"/km
5.	38	00:08:50	00:17:17	203m	43'31"/km
6.	39	00:02:14	00:19:31	145m	15'24"/km
7.	33	00:04:29	00:24:00	182m	24'38"/km
8.	40	00:02:55	00:26:55	225m	12'58"/km
9.	41	00:01:54	00:28:49	278m	6'50"/km
10.	42	00:01:33	00:30:22	240m	6'28"/km
11.	44	00:06:15	00:36:37	462m	13'32"/km
12.	47	00:03:03	00:39:40	192m	15'53"/km
13.	46	00:05:37	00:45:17	450m	12'29"/km
14.	35	00:04:59	00:50:16	383m	13'01"/km
15.	41	00:00:52	00:51:08	114m	7'36"/km
16.	32	00:02:34	00:53:42	493m	5'12"/km
17.	31	00:04:06	00:57:48	268m	15'18"/km
18.	999	00:01:37	00:59:25	250m	6'28"/km

Orienteering Software