



Treino 28_EsPCEEx 2024_Médio

Fazenda Água Clara 14.9.2024

Clube de Orientação da EsPCEEx

Alu Gustavo Henrique

1ª Cia

Course : H21B

Distance : 4100m (Climbing 145m)

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not classified

[Full result on Webres](#)

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|----------------|---------|
| 1. Alu Maronês | 0:45:44 |
| 2. Alu Raul | 0:52:08 |
| 3. Alu Schultz | 0:58:54 |

1.	32	00:02:54		245m	11'50"/km
2.	34	00:03:21	00:06:15	168m	19'56"/km
3.	35	00:05:21	00:11:36	184m	29'05"/km
4.	42	00:03:45	00:15:21	117m	32'03"/km
5.	38	00:12:01	00:27:22	230m	52'15"/km
6.	40	00:02:36	00:29:58	147m	17'41"/km
7.	39	00:01:14	00:31:12	119m	10'22"/km
8.	38	00:01:59	00:33:11	169m	11'44"/km
9.	36	00:09:17	00:42:28	129m	71'58"/km
10.	50	00:01:43	00:44:11	163m	10'32"/km
11.	31	00:03:15	00:47:26	123m	26'25"/km
12.	38	00:02:38	00:50:04	163m	16'09"/km
13.	37	00:11:15	01:01:19	366m	30'44"/km
14.	51	00:03:33	01:04:52	285m	12'27"/km
15.	52	00:05:23	01:10:15	379m	14'12"/km
16.	44	00:05:07	01:15:22		
17.	49	00:02:18	01:17:40	158m	14'33"/km
18.	33	00:01:54	01:19:34	170m	11'11"/km
19.	47	00:03:57	01:23:31	189m	20'54"/km
20.	43	00:01:33	01:25:04	142m	10'55"/km
21.	999	00:00:20	01:25:24	124m	2'41"/km

Orienteering Software