



TREINO 27 ESPCEX 2024
Sítio Boa Esperança 8.9.2024
Clube de Orientação da EsPCEx

Alu Diogo Alberti

2ª Cia

Course : H21B

Distance : 4500m (Climbing 80m)

Time : 0:46:56,976 (10'26"/km)

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O.K.

[Full result on Webres](#)

1. Alu Raul	0:40:26,609
2. Alu Maronês	0:40:32,320
3. Alu Uchôa	0:43:20,265

1.	31	00:01:44		130m	13'20"/km
2.	41	00:03:43	00:05:27	211m	17'37"/km
3.	46	00:01:57	00:07:24	165m	11'49"/km
4.	45	00:01:06	00:08:30	89m	12'22"/km
5.	47	00:04:52	00:13:22	405m	12'01"/km
6.	44	00:01:57	00:15:19	194m	10'03"/km
7.	37	00:03:31	00:18:50	394m	8'56"/km
8.	39	00:02:27	00:21:17	140m	17'30"/km
9.	32	00:03:13	00:24:30	141m	22'49"/km
10.	36	00:01:14	00:25:44	122m	10'07"/km
11.	33	00:02:28	00:28:12	335m	7'22"/km
12.	40	00:01:31	00:29:43	232m	6'32"/km
13.	35	00:01:38	00:31:21	183m	8'56"/km
14.	34	00:02:06	00:33:27	323m	6'30"/km
15.	38	00:02:43	00:36:10	230m	11'49"/km
16.	37	00:04:21	00:40:31	372m	11'42"/km
17.	48	00:01:33	00:42:04	204m	7'36"/km
18.	47	00:02:44	00:44:48	315m	8'41"/km
19.	43	00:01:50	00:46:38	222m	8'15"/km
20.	999	00:00:18	00:46:56	79m	3'48"/km

Orienteering Software