



**Wisselbeker G. Staepelaere Individueel**  
**Lilse Bergen 8.9.2024**  
**K.O.L.**

**Bert VERVECKEN**

TROL

Strecke : H:01

Länge : 5560m

Zeit : 1:18:24 (14'06"/km)

**12/25**

O.K.

[Vollständige Ergebnisse auf Webres](#)

|                      |         |
|----------------------|---------|
| 1. Lou SNYERS        | 0:53:46 |
| 2. Nicolas SPILIERIS | 0:54:08 |
| 3. Lennard GHEYSELS  | 1:00:08 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 45  | 00:03:52 |          | 447m | 8'39"/km  |
| 2.  | 182 | 00:02:38 | 00:06:30 | 213m | 12'22"/km |
| 3.  | 181 | 00:02:41 | 00:09:11 | 231m | 11'37"/km |
| 4.  | 184 | 00:04:14 | 00:13:25 | 262m | 16'09"/km |
| 5.  | 62  | 00:01:37 | 00:15:02 | 197m | 8'12"/km  |
| 6.  | 195 | 00:06:39 | 00:21:41 | 218m | 30'30"/km |
| 7.  | 60  | 00:02:06 | 00:23:47 | 104m | 20'12"/km |
| 8.  | 192 | 00:03:04 | 00:26:51 | 237m | 12'56"/km |
| 9.  | 35  | 00:03:22 | 00:30:13 | 180m | 18'42"/km |
| 10. | 194 | 00:02:28 | 00:32:41 | 256m | 9'38"/km  |
| 11. | 185 | 00:04:11 | 00:36:52 | 324m | 12'55"/km |
| 12. | 187 | 00:03:32 | 00:40:24 | 376m | 9'24"/km  |
| 13. | 197 | 00:02:59 | 00:43:23 | 324m | 9'12"/km  |
| 14. | 42  | 00:04:26 | 00:47:49 | 380m | 11'40"/km |
| 15. | 55  | 00:02:36 | 00:50:25 | 281m | 9'15"/km  |
| 16. | 46  | 00:02:22 | 00:52:47 | 234m | 10'07"/km |
| 17. | 186 | 00:05:40 | 00:58:27 | 437m | 12'58"/km |
| 18. | 168 | 00:01:18 | 00:59:45 | 106m | 12'16"/km |
| 19. | 190 | 00:05:09 | 01:04:54 | 145m | 35'31"/km |
| 20. | 175 | 00:05:28 | 01:10:22 | 204m | 26'48"/km |
| 21. | 179 | 00:01:40 | 01:12:02 | 154m | 10'49"/km |
| 22. | 188 | 00:00:45 | 01:12:47 | 69m  | 10'52"/km |
| 23. | 48  | 00:05:00 | 01:17:47 | 120m | 41'40"/km |
| 24. | 999 | 00:00:37 | 01:18:24 | 63m  | 9'47"/km  |

Orienteering Software