



## 2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

### UTINGA - RIO LARGO - AL 4.7.2021

### TRAILRUN F5

**Larissa**

EQUIPE CURURU RUNNING

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 3:59:26,253 (3,13 km/h)

**66/75**

O.K.

[Full result on Webres](#)

- |                            |             |
|----------------------------|-------------|
| 1. Ninja F5                | 1:19:13,101 |
| 2. Julia Santos            | 1:23:13,457 |
| 3. Janaína Da Silva Araújo | 1:26:47,863 |

|    |     |          |          |       |           |                                   |
|----|-----|----------|----------|-------|-----------|-----------------------------------|
| 1. | 81  | 00:52:15 |          | 3770m | 4.33 km/h | 1º PC 12KM (BAMBUZAL)             |
| 2. | 82  | 01:11:01 | 02:03:16 | 4660m | 3.94 km/h | PASSAGEM NA CERCA                 |
| 3. | 83  | 00:50:17 | 02:53:33 | 1070m | 1.28 km/h | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84  | 00:50:51 | 03:44:24 | 2000m | 2.36 km/h | FIM DO DESAFIO - ÚLTIMO H2O       |
| 5. | 999 | 00:15:02 | 03:59:26 | 1000m | 3.99 km/h | CHEGADA                           |

HELGA



Orienteering Software