



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILRUN

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Alyne Santos

CURURU RUNNING

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 3:06:40,531 (4,02 km/h)

51/75

O.K.

[Full result on Webres](#)

1. Ninja F5	1:19:13,101
2. Julia Santos	1:23:13,457
3. Janaína Da Silva Araújo	1:26:47,863

1.	81	00:42:22		3770m	5.34 km/h	1º PC 12KM (BAMBUZAL)
2.	82	01:01:50	01:44:12	4660m	4.52 km/h	PASSAGEM NA CERCA
3.	83	00:37:02	02:21:14	1070m	1.73 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:31:26	02:52:40	2000m	3.82 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:14:00	03:06:40	1000m	4.29 km/h	CHEGADA

HELGA



Orienteering Software