



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Lucineide

BOLA RUNNING

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 2:10:04,937 (5,77 km/h)

27/75

O.K.

[Full result on Webres](#)

1. Ninja F5	1:19:13,101
2. Julia Santos	1:23:13,457
3. Janaína Da Silva Araújo	1:26:47,863

1.	81	00:33:31		3770m	6.75 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:45:29	01:19:00	4660m	6.15 km/h	PASSAGEM NA CERCA
3.	83	00:15:26	01:34:26	1070m	4.16 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:25:18	01:59:44	2000m	4.74 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:10:20	02:10:04	1000m	5.81 km/h	CHEGADA

HELGA



Orienteering Software