



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Margot

BOLA RUNNING

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 1:40:23,343 (7,47 km/h)

14/75

O.K.

[Full result on Webres](#)

1. Ninja F5	1:19:13,101
2. Julia Santos	1:23:13,457
3. Janaína Da Silva Araújo	1:26:47,863

1.	81	00:26:48		3770m	8.44 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:34:09	01:00:57	4660m	8.19 km/h	PASSAGEM NA CERCA
3.	83	00:13:39	01:14:36	1070m	4.70 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:18:16	01:32:52	2000m	6.57 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:07:31	01:40:23	1000m	7.98 km/h	CHEGADA

HELGA



Orienteering Software