



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Sil

WM PERSONAL

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 1:38:38,562 (7,60 km/h)

10/75

O.K.

[Full result on Webres](#)

1. Ninja F5	1:19:13,101
2. Julia Santos	1:23:13,457
3. Janaína Da Silva Araújo	1:26:47,863

1.	81	00:27:32		3770m	8.22 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:32:54	01:00:26	4660m	8.50 km/h	PASSAGEM NA CERCA
3.	83	00:13:11	01:13:37	1070m	4.87 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:17:35	01:31:12	2000m	6.82 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:07:26	01:38:38	1000m	8.07 km/h	CHEGADA

HELGA



Orienteering Software