



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Wilza

PALMARINOS AVENTUREIROS

Course : 12KMSOFEM

Distance : 12500m (Climbing 323m)

Time : 1:29:16,429 (8,40 km/h)

4/75

O.K.

[Full result on Webres](#)

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|----------------------------|-------------|
| 1. Ninja F5 | 1:19:13,101 |
| 2. Julia Santos | 1:23:13,457 |
| 3. Janaína Da Silva Araújo | 1:26:47,863 |

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|----|-----|----------|----------|-------|-----------|-----------------------------------|
| 1. | 81 | 00:24:46 | | 3770m | 9.13 km/h | 1º PC 12KM (BAMBUZAL) |
| 2. | 82 | 00:31:29 | 00:56:15 | 4660m | 8.88 km/h | PASSAGEM NA CERCA |
| 3. | 83 | 00:11:59 | 01:08:14 | 1070m | 5.36 km/h | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84 | 00:14:56 | 01:23:10 | 2000m | 8.04 km/h | FIM DO DESAFIO - ÚLTIMO H2O |
| 5. | 999 | 00:06:06 | 01:29:16 | 1000m | 9.84 km/h | CHEGADA |

HELGA



Orienteering Software