



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Marcelo

BOLA RUNNING

Course : 12KMSOMAS

Distance : 12500m (Climbing 323m)

Time : 1:36:01,515 (7,81 km/h)

56/111

O.K.

[Full result on Webres](#)

1. Laércio	0:54:06,425
2. Paixão	0:58:24,382
3. Johny	0:59:13,632

1.	81	00:26:00		3770m	8.70 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:34:17	01:00:17	4660m	8.16 km/h	PASSAGEM NA CERCA
3.	83	00:13:17	01:13:34	1070m	4.83 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:17:00	01:30:34	2000m	7.06 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:05:27	01:36:01	1000m	11.01 km/h	CHEGADA

HELGA



Orienteering Software