



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Francisco

ALAGOAS RUNNING

Course : 12KMSOMAS

Distance : 12500m (Climbing 323m)

Time : 1:25:00,390 (8,82 km/h)

43/111

O.K.

[Full result on Webres](#)

1. Laércio	0:54:06,425
2. Paixão	0:58:24,382
3. Johny	0:59:13,632

1.	81	00:24:04		3770m	9.40 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:27:33	00:51:37	4660m	10.15 km/h	PASSAGEM NA CERCA
3.	83	00:11:57	01:03:34	1070m	5.37 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:15:43	01:19:17	2000m	7.64 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:05:43	01:25:00	1000m	10.50 km/h	CHEGADA

HELGA



Orienteering Software