



## 2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

### UTINGA - RIO LARGO - AL 4.7.2021

### TRAILRUN F5

**Alex Penedo**

PENEDO NO ASFALTO

Course : 12KMSOMAS

Distance : 12500m (Climbing 323m)

Time : 1:07:17,753 (11,15 km/h)

**13/111**

O.K.

[Full result on Webres](#)

|            |             |
|------------|-------------|
| 1. Laércio | 0:54:06,425 |
| 2. Paixão  | 0:58:24,382 |
| 3. Johny   | 0:59:13,632 |

|    |     |          |          |       |            |                                   |
|----|-----|----------|----------|-------|------------|-----------------------------------|
| 1. | 81  | 00:17:31 |          | 3770m | 12.91 km/h | 1º PC 12KM (BAMBUZAL)             |
| 2. | 82  | 00:22:29 | 00:40:00 | 4660m | 12.44 km/h | PASSAGEM NA CERCA                 |
| 3. | 83  | 00:09:43 | 00:49:43 | 1070m | 6.61 km/h  | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84  | 00:13:08 | 01:02:51 | 2000m | 9.14 km/h  | FIM DO DESAFIO - ÚLTIMO H2O       |
| 5. | 999 | 00:04:26 | 01:07:17 | 1000m | 13.53 km/h | CHEGADA                           |

HELGA



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