



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Sheyna/mel

TEJM

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 3:04:08,773 (4,07 km/h)

13/14

O.K.

[Full result on Webres](#)

1. Josinete/nayara	1:36:53,531
2. Elisângela/carla	1:40:44,589
3. Aline/vanessa	1:55:34,683

1.	81	00:43:16		3770m	5.23 km/h	1º PC 12KM (BAMBUZAL)
2.	82	01:02:16	01:45:32	4660m	4.49 km/h	PASSAGEM NA CERCA
3.	83	00:29:30	02:15:02	1070m	2.18 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:36:28	02:51:30	2000m	3.29 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:12:38	03:04:08	1000m	4.75 km/h	CHEGADA

HELGA



Orienteering Software