



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Rena/rosangela

CHAMA PRA CORRER (TURBINADOS)

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 2:42:20,214 (4,62 km/h)

11/14

O.K.

[Full result on Webres](#)

1. Josinete/nayara	1:36:53,531
2. Elisângela/carla	1:40:44,589
3. Aline/vanessa	1:55:34,683

1.	81	00:40:57		3770m	5.52 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:51:09	01:32:06	4660m	5.47 km/h	PASSAGEM NA CERCA
3.	83	00:21:51	01:53:57	1070m	2.94 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:33:01	02:26:58	2000m	3.63 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:15:22	02:42:20	1000m	3.90 km/h	CHEGADA

HELGA



Orienteering Software