



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Marcia/gersiana

PALMARINOS AVENTUREIROS

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 2:36:05,812 (4,81 km/h)

10/14

O.K.

[Full result on Webres](#)

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|---------------------|-------------|
| 1. Josinete/nayara | 1:36:53,531 |
| 2. Elisângela/carla | 1:40:44,589 |
| 3. Aline/vanessa | 1:55:34,683 |

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|----|-----|----------|----------|-------|-----------|-----------------------------------|
| 1. | 81 | 00:37:45 | | 3770m | 5.99 km/h | 1º PC 12KM (BAMBUZAL) |
| 2. | 82 | 00:49:50 | 01:27:35 | 4660m | 5.61 km/h | PASSAGEM NA CERCA |
| 3. | 83 | 00:25:33 | 01:53:08 | 1070m | 2.51 km/h | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84 | 00:32:22 | 02:25:30 | 2000m | 3.71 km/h | FIM DO DESAFIO - ÚLTIMO H2O |
| 5. | 999 | 00:10:35 | 02:36:05 | 1000m | 5.67 km/h | CHEGADA |

HELGA



Orienteering Software