



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Faby/michelle

VIDA CORRIDA

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 2:20:41,179 (5,33 km/h)

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O.K.

[Full result on Webres](#)

1. Josinete/nayara	1:36:53,531
2. Elisângela/carla	1:40:44,589
3. Aline/vanessa	1:55:34,683

1.	81	00:37:08		3770m	6.09 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:45:29	01:22:37	4660m	6.15 km/h	PASSAGEM NA CERCA
3.	83	00:20:51	01:43:28	1070m	3.08 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:26:45	02:10:13	2000m	4.49 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:10:28	02:20:41	1000m	5.73 km/h	CHEGADA

HELGA



Orienteering Software