



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Adeilda/eliane

PALMARINOS AVENTUREIROS

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 2:01:26,894 (6,18 km/h)

4/14

O.K.

[Full result on Webres](#)

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|---------------------|-------------|
| 1. Josinete/nayara | 1:36:53,531 |
| 2. Elisângela/carla | 1:40:44,589 |
| 3. Aline/vanessa | 1:55:34,683 |

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|----|-----|----------|----------|-------|-----------|-----------------------------------|
| 1. | 81 | 00:31:33 | | 3770m | 7.17 km/h | 1º PC 12KM (BAMBUZAL) |
| 2. | 82 | 00:42:52 | 01:14:25 | 4660m | 6.52 km/h | PASSAGEM NA CERCA |
| 3. | 83 | 00:17:31 | 01:31:56 | 1070m | 3.67 km/h | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84 | 00:20:36 | 01:52:32 | 2000m | 5.83 km/h | FIM DO DESAFIO - ÚLTIMO H2O |
| 5. | 999 | 00:08:54 | 02:01:26 | 1000m | 6.74 km/h | CHEGADA |

HELGA



Orienteering Software