



2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILRUN

UTINGA - RIO LARGO - AL 4.7.2021

TRAILRUN F5

Josinete/nayara

ARRANCA SOLA

Course : 12KMDUFEM

Distance : 12500m (Climbing 323m)

Time : 1:36:53,531 (7,74 km/h)

1/14

O.K.

[Full result on Webres](#)

2. Elisângela/carla 1:40:44,589
3. Aline/vanessa 1:55:34,683

1.	81	00:27:11		3770m	8.32 km/h	1º PC 12KM (BAMBUZAL)
2.	82	00:33:10	01:00:21	4660m	8.43 km/h	PASSAGEM NA CERCA
3.	83	00:13:47	01:14:08	1070m	4.66 km/h	H2O NA TRILHA (INÍCIO DO DESAFIO)
4.	84	00:16:04	01:30:12	2000m	7.47 km/h	FIM DO DESAFIO - ÚLTIMO H2O
5.	999	00:06:41	01:36:53	1000m	8.98 km/h	CHEGADA

HELGA



Orienteering Software