



## 2 ETAPA CAMPEONATO ALAGOANO DE TRAIL RUN - F5TRAILR

### UTINGA - RIO LARGO - AL 4.7.2021

### TRAILRUN F5

**Valter/laura**

CALANGOS MESSIAS

Course : 12KMDUMIS

Distance : 12500m (Climbing 323m)

Time : 1:30:28,472 (8,29 km/h)

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O.K.

[Full result on Webres](#)

|                     |             |
|---------------------|-------------|
| 1. Rogério/paulinha | 1:19:22,001 |
| 2. Fabio/ana Paula  | 1:21:39,550 |
| 3. Danilo/simone    | 1:23:01,984 |

|    |     |          |          |       |           |                                   |
|----|-----|----------|----------|-------|-----------|-----------------------------------|
| 1. | 81  | 00:24:44 |          | 3770m | 9.15 km/h | 1º PC 12KM (BAMBUZAL)             |
| 2. | 82  | 00:30:18 | 00:55:02 | 4660m | 9.23 km/h | PASSAGEM NA CERCA                 |
| 3. | 83  | 00:11:55 | 01:06:57 | 1070m | 5.39 km/h | H2O NA TRILHA (INÍCIO DO DESAFIO) |
| 4. | 84  | 00:17:15 | 01:24:12 | 2000m | 6.96 km/h | FIM DO DESAFIO - ÚLTIMO H2O       |
| 5. | 999 | 00:06:16 | 01:30:28 | 1000m | 9.57 km/h | CHEGADA                           |

HELGA



Orienteering Software