

CB Longue Distance

Lagland 1.9.2024

CO Liège

Pascal MARTIN

5402GE SCAPA NANCY (France)

Circuit : H55

Distance : 6900m (Dénivelé 150m)

Temps : 1:05:08 (9'26"/km)

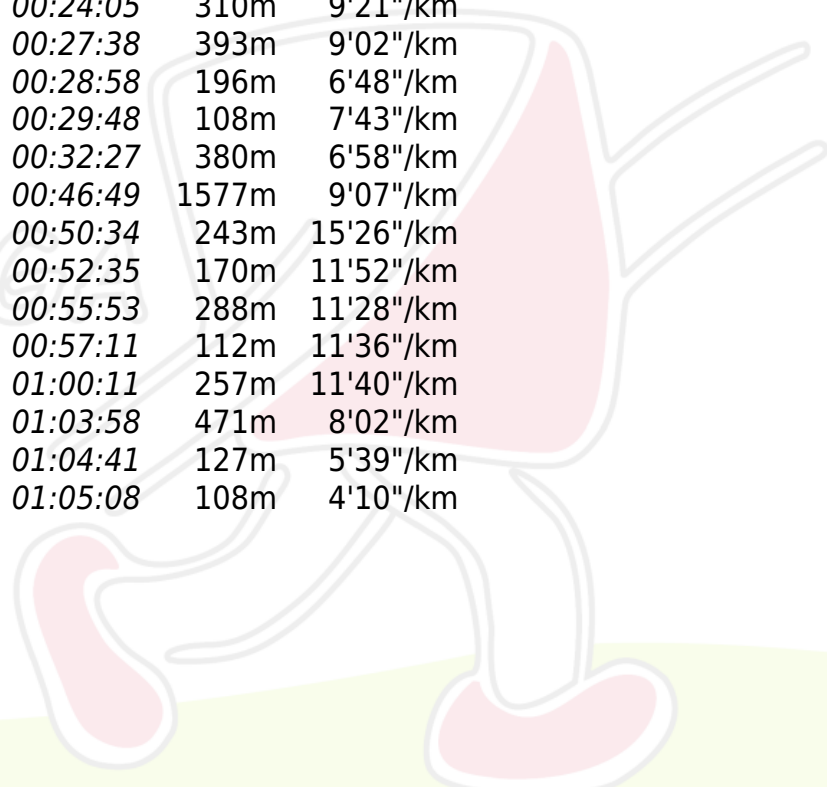
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O.K.

[Résultats complets sur Webres](#)

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|----------------------------|---------|
| 1. Robert THEISS | 0:56:34 |
| 2. Rudy ROOMAN | 0:56:36 |
| 3. Pierre-Emmanuel DEMEUSE | 0:57:00 |

1.	116	00:04:52		498m	9'46"/km
2.	106	00:00:55	00:05:47	119m	7'42"/km
3.	55	00:03:08	00:08:55	369m	8'29"/km
4.	115	00:02:55	00:11:50	277m	10'32"/km
5.	162	00:04:19	00:16:09	470m	9'11"/km
6.	95	00:03:19	00:19:28	209m	15'52"/km
7.	118	00:01:43	00:21:11	155m	11'05"/km
8.	94	00:02:54	00:24:05	310m	9'21"/km
9.	80	00:03:33	00:27:38	393m	9'02"/km
10.	151	00:01:20	00:28:58	196m	6'48"/km
11.	160	00:00:50	00:29:48	108m	7'43"/km
12.	144	00:02:39	00:32:27	380m	6'58"/km
13.	146	00:14:22	00:46:49	1577m	9'07"/km
14.	101	00:03:45	00:50:34	243m	15'26"/km
15.	126	00:02:01	00:52:35	170m	11'52"/km
16.	100	00:03:18	00:55:53	288m	11'28"/km
17.	145	00:01:18	00:57:11	112m	11'36"/km
18.	104	00:03:00	01:00:11	257m	11'40"/km
19.	153	00:03:47	01:03:58	471m	8'02"/km
20.	165	00:00:43	01:04:41	127m	5'39"/km
21.	999	00:00:27	01:05:08	108m	4'10"/km



Orienteering Software