

CB Longue Distance

Lagland 1.9.2024

CO Liège

Bart MELLEBECK

hamok

Circuit : H55

Distance : 6900m (Dénivelé 150m)

Temps : 1:03:19 (9'11"/km)

8/20

O.K.

[Résultats complets sur Webres](#)

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|----------------------------|---------|
| 1. Robert THEISS | 0:56:34 |
| 2. Rudy ROOMAN | 0:56:36 |
| 3. Pierre-Emmanuel DEMEUSE | 0:57:00 |

1.	116	00:04:22		498m	8'46"/km
2.	106	00:00:57	00:05:19	119m	7'59"/km
3.	55	00:05:36	00:10:55	369m	15'11"/km
4.	115	00:02:20	00:13:15	277m	8'25"/km
5.	162	00:03:42	00:16:57	470m	7'52"/km
6.	95	00:01:41	00:18:38	209m	8'03"/km
7.	118	00:01:14	00:19:52	155m	7'57"/km
8.	94	00:02:02	00:21:54	310m	6'34"/km
9.	80	00:02:57	00:24:51	393m	7'30"/km
10.	151	00:01:29	00:26:20	196m	7'34"/km
11.	160	00:00:48	00:27:08	108m	7'24"/km
12.	144	00:02:17	00:29:25	380m	6'01"/km
13.	146	00:13:47	00:43:12	1577m	8'44"/km
14.	101	00:03:25	00:46:37	243m	14'04"/km
15.	126	00:04:25	00:51:02	170m	25'59"/km
16.	100	00:02:52	00:53:54	288m	9'57"/km
17.	145	00:01:29	00:55:23	112m	13'15"/km
18.	104	00:02:44	00:58:07	257m	10'38"/km
19.	153	00:04:15	01:02:22	471m	9'01"/km
20.	165	00:00:35	01:02:57	127m	4'36"/km
21.	999	00:00:22	01:03:19	108m	3'24"/km

Orienteering Software