

CB Longue Distance

Lagland 1.9.2024

CO Liège

Steven TIESTERS

Omega

Circuit : H50

Distance : 7900m (Dénivelé 150m)

Temps : 2:16:33 (17'17"/km)

19/19

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Alain MAZY | 1:01:03 |
| 2. Marc KERCKHOFS | 1:02:47 |
| 3. Gunther DEFERME | 1:03:11 |

1.	77	00:15:25		873m	17'40"/km
2.	84	00:13:51	00:29:16	1091m	12'42"/km
3.	83	00:04:04	00:33:20	235m	17'18"/km
4.	85	00:04:09	00:37:29	261m	15'54"/km
5.	54	00:07:12	00:44:41	577m	12'29"/km
6.	119	00:02:12	00:46:53	222m	9'55"/km
7.	122	00:05:24	00:52:17	283m	19'05"/km
8.	158	00:03:50	00:56:07	362m	10'35"/km
9.	154	00:14:46	01:10:53	979m	15'05"/km
10.	151	00:01:01	01:11:54	120m	8'28"/km
11.	79	00:13:38	01:25:32	695m	19'37"/km
12.	78	00:09:00	01:34:32	154m	58'26"/km
13.	88	00:05:31	01:40:03	468m	11'47"/km
14.	87	00:03:31	01:43:34	223m	15'46"/km
15.	107	00:12:07	01:55:41	360m	33'39"/km
16.	95	00:07:33	02:03:14	354m	21'20"/km
17.	152	00:10:02	02:13:16	193m	51'59"/km
18.	153	00:01:50	02:15:06	159m	11'32"/km
19.	165	00:00:56	02:16:02	127m	7'21"/km
20.	999	00:00:31	02:16:33	108m	4'47"/km

Orienteering Software