

# CB Longue Distance

## Lagland 1.9.2024

### CO Liège

**Michael HOCK**

O.L.G. St. Vith ARDOC

Circuit : H50

Distance : 7900m (Dénivelé 150m)

Temps : 1:38:44 (12'30"/km)

**16/19**

O.K.

[Résultats complets sur Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Alain MAZY      | 1:01:03 |
| 2. Marc KERCKHOFS  | 1:02:47 |
| 3. Gunther DEFERME | 1:03:11 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 77  | 00:07:38 |          | 873m  | 8'45"/km  |
| 2.  | 84  | 00:10:10 | 00:17:48 | 1091m | 9'19"/km  |
| 3.  | 83  | 00:01:59 | 00:19:47 | 235m  | 8'26"/km  |
| 4.  | 85  | 00:03:10 | 00:22:57 | 261m  | 12'08"/km |
| 5.  | 54  | 00:04:50 | 00:27:47 | 577m  | 8'23"/km  |
| 6.  | 119 | 00:01:53 | 00:29:40 | 222m  | 8'29"/km  |
| 7.  | 122 | 00:02:35 | 00:32:15 | 283m  | 9'08"/km  |
| 8.  | 158 | 00:03:15 | 00:35:30 | 362m  | 8'59"/km  |
| 9.  | 154 | 00:10:30 | 00:46:00 | 979m  | 10'44"/km |
| 10. | 151 | 00:01:28 | 00:47:28 | 120m  | 12'13"/km |
| 11. | 79  | 00:06:06 | 00:53:34 | 695m  | 8'47"/km  |
| 12. | 78  | 00:14:15 | 01:07:49 | 154m  | 92'32"/km |
| 13. | 88  | 00:13:13 | 01:21:02 | 468m  | 28'14"/km |
| 14. | 87  | 00:02:48 | 01:23:50 | 223m  | 12'33"/km |
| 15. | 107 | 00:03:55 | 01:27:45 | 360m  | 10'53"/km |
| 16. | 95  | 00:04:46 | 01:32:31 | 354m  | 13'28"/km |
| 17. | 152 | 00:02:30 | 01:35:01 | 193m  | 12'57"/km |
| 18. | 153 | 00:02:10 | 01:37:11 | 159m  | 13'38"/km |
| 19. | 165 | 00:01:02 | 01:38:13 | 127m  | 8'08"/km  |
| 20. | 999 | 00:00:31 | 01:38:44 | 108m  | 4'47"/km  |

Orienteering Software