

CB Longue Distance

Lagland 1.9.2024

CO Liège

Frédéric DHONDT

CO Liège

Strecke : H50

Länge : 7900m (Steigung 150m)

Zeit : 1:36:57 (12'16"/km)

14/19

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Alain MAZY	1:01:03
2. Marc KERCKHOFS	1:02:47
3. Gunther DEFERME	1:03:11

1.	77	00:18:33		873m	21'15"/km
2.	84	00:09:43	00:28:16	1091m	8'54"/km
3.	83	00:02:04	00:30:20	235m	8'48"/km
4.	85	00:02:19	00:32:39	261m	8'53"/km
5.	54	00:04:32	00:37:11	577m	7'51"/km
6.	119	00:03:09	00:40:20	222m	14'11"/km
7.	122	00:02:26	00:42:46	283m	8'36"/km
8.	158	00:02:46	00:45:32	362m	7'39"/km
9.	80	00:10:16	00:55:48		
10.	154	00:00:46	00:56:34		
11.	151	00:01:01	00:57:35	120m	8'28"/km
12.	79	00:06:09	01:03:44	695m	8'51"/km
13.	78	00:05:44	01:09:28	154m	37'14"/km
14.	88	00:06:38	01:16:06	468m	14'10"/km
15.	87	00:02:40	01:18:46	223m	11'57"/km
16.	107	00:03:27	01:22:13	360m	9'35"/km
17.	95	00:07:45	01:29:58	354m	21'54"/km
18.	152	00:11:29	01:41:27	193m	59'30"/km
19.	153	00:04:13	01:45:40	159m	26'31"/km
20.	165	00:00:44	01:46:24	127m	5'46"/km
21.	999	00:00:28	01:46:52	108m	4'19"/km

Orienteering Software