

CB Longue Distance

Lagland 1.9.2024

CO Liège

Bert MARIEN

K.O.L.

Circuit : HE

Distance : 14900m (Dénivelé 300m)

Temps : 2:28:11 (9'57"/km)

26/41

O.K.

[Résultats complets sur Webres](#)

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|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 1:35:10 |
| 2. Mathias BLAISE | 1:36:22 |
| 3. Simon KREKELS | 1:37:46 |

1.	75	00:11:10		297m	37'36"/km
2.	94	00:06:19	00:17:29	811m	7'47"/km
3.	107	00:01:19	00:18:48	158m	8'20"/km
4.	95	00:02:45	00:21:33	354m	7'46"/km
5.	76	00:01:57	00:23:30	239m	8'10"/km
6.	106	00:02:09	00:25:39	340m	6'19"/km
7.	77	00:02:14	00:27:53	290m	7'42"/km
8.	163	00:14:05	00:41:58	1667m	8'27"/km
9.	79	00:07:00	00:48:58	395m	17'43"/km
10.	80	00:06:11	00:55:09	885m	6'59"/km
11.	81	00:03:58	00:59:07	601m	6'36"/km
12.	83	00:01:51	01:00:58	232m	7'58"/km
13.	82	00:01:13	01:02:11	138m	8'49"/km
14.	84	00:01:37	01:03:48	150m	10'47"/km
15.	85	00:02:47	01:06:35	405m	6'52"/km
16.	54	00:03:32	01:10:07	577m	6'07"/km
17.	87	00:08:30	01:18:37	1096m	7'45"/km
18.	89	00:14:18	01:32:55	1014m	14'06"/km
19.	90	00:07:30	01:40:25	698m	10'45"/km
20.	92	00:01:36	01:42:01	174m	9'12"/km
21.	93	00:10:15	01:52:16	1071m	9'34"/km
22.	96	00:08:26	02:00:42	535m	15'46"/km
23.	97	00:04:31	02:05:13	531m	8'30"/km
24.	98	00:01:08	02:06:21	137m	8'16"/km
25.	143	00:03:24	02:09:45	343m	9'55"/km
26.	100	00:03:03	02:12:48	292m	10'27"/km
27.	101	00:05:05	02:17:53	264m	19'15"/km
28.	102	00:03:29	02:21:22	346m	10'04"/km
29.	104	00:02:20	02:23:42	197m	11'51"/km
30.	105	00:02:13	02:25:55	209m	10'36"/km
31.	165	00:01:47	02:27:42	271m	6'35"/km
32.	999	00:00:29	02:28:11	108m	4'29"/km