

CB Longue Distance

Lagland 1.9.2024

CO Liège

Michel BASTIN

O.L.G. St. Vith ARDOC

Course : HE

Distance : 14900m (Climbing 300m)

Time : 1:56:44 (7'50"/km)

15/41

O.K.

[Full result on Webres](#)

1. Marc SERRALLONGA ARQUES	1:35:10
2. Mathias BLAISE	1:36:22
3. Simon KREKELS	1:37:46

1.	75	00:01:54		297m	6'24"/km
2.	135	00:04:58	00:06:52		
3.	94	00:05:37	00:12:29	99m	56'44"/km
4.	107	00:00:58	00:13:27	158m	6'07"/km
5.	95	00:02:42	00:16:09	354m	7'38"/km
6.	76	00:01:24	00:17:33	239m	5'51"/km
7.	106	00:02:18	00:19:51	340m	6'46"/km
8.	77	00:01:46	00:21:37	290m	6'06"/km
9.	163	00:10:27	00:32:04	1667m	6'16"/km
10.	79	00:02:53	00:34:57	395m	7'18"/km
11.	80	00:05:33	00:40:30	885m	6'16"/km
12.	81	00:03:36	00:44:06	601m	5'59"/km
13.	83	00:01:24	00:45:30	232m	6'02"/km
14.	82	00:00:56	00:46:26	138m	6'46"/km
15.	84	00:01:32	00:47:58	150m	10'13"/km
16.	85	00:03:19	00:51:17	405m	8'11"/km
17.	54	00:03:24	00:54:41	577m	5'54"/km
18.	87	00:07:45	01:02:26	1096m	7'04"/km
19.	89	00:07:17	01:09:43	1014m	7'11"/km
20.	90	00:06:23	01:16:06	698m	9'09"/km
21.	92	00:01:38	01:17:44	174m	9'23"/km
22.	93	00:08:37	01:26:21	1071m	8'03"/km
23.	96	00:04:41	01:31:02	535m	8'45"/km
24.	97	00:05:00	01:36:02	531m	9'25"/km
25.	98	00:01:19	01:37:21	137m	9'37"/km
26.	143	00:02:52	01:40:13	343m	8'21"/km
27.	100	00:03:08	01:43:21	292m	10'44"/km
28.	101	00:03:34	01:46:55	264m	13'31"/km
29.	102	00:03:45	01:50:40	346m	10'50"/km
30.	104	00:02:07	01:52:47	197m	10'45"/km
31.	105	00:01:50	01:54:37	209m	8'46"/km
32.	165	00:01:42	01:56:19	271m	6'16"/km
33.	999	00:00:25	01:56:44	108m	3'51"/km