

CB Longue Distance

Lagland 1.9.2024

CO Liège

Simon KREKELS

TROL

Circuit : HE

Distance : 14900m (Dénivelé 300m)

Temps : 1:37:46 (6'34"/km)

3/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 1:35:10 |
| 2. Mathias BLAISE | 1:36:22 |

1.	75	00:01:59		297m	6'41"/km
2.	94	00:04:37	00:06:36	811m	5'42"/km
3.	107	00:00:59	00:07:35	158m	6'13"/km
4.	95	00:02:36	00:10:11	354m	7'21"/km
5.	76	00:01:29	00:11:40	239m	6'12"/km
6.	106	00:01:57	00:13:37	340m	5'44"/km
7.	77	00:01:41	00:15:18	290m	5'48"/km
8.	163	00:10:06	00:25:24	1667m	6'04"/km
9.	79	00:02:28	00:27:52	395m	6'15"/km
10.	80	00:05:25	00:33:17	885m	6'07"/km
11.	81	00:03:18	00:36:35	601m	5'29"/km
12.	83	00:01:16	00:37:51	232m	5'28"/km
13.	82	00:00:45	00:38:36	138m	5'26"/km
14.	84	00:01:16	00:39:52	150m	8'27"/km
15.	85	00:02:27	00:42:19	405m	6'03"/km
16.	54	00:02:53	00:45:12	577m	5'00"/km
17.	87	00:07:31	00:52:43	1096m	6'51"/km
18.	89	00:08:01	01:00:44	1014m	7'54"/km
19.	90	00:05:26	01:06:10	698m	7'47"/km
20.	92	00:01:24	01:07:34	174m	8'03"/km
21.	93	00:07:32	01:15:06	1071m	7'02"/km
22.	96	00:04:02	01:19:08	535m	7'32"/km
23.	97	00:03:47	01:22:55	531m	7'07"/km
24.	98	00:00:58	01:23:53	137m	7'03"/km
25.	143	00:02:27	01:26:20	343m	7'09"/km
26.	100	00:02:09	01:28:29	292m	7'22"/km
27.	101	00:01:56	01:30:25	264m	7'19"/km
28.	102	00:02:37	01:33:02	346m	7'34"/km
29.	104	00:01:31	01:34:33	197m	7'42"/km
30.	105	00:01:34	01:36:07	209m	7'30"/km
31.	165	00:01:18	01:37:25	271m	4'48"/km
32.	999	00:00:21	01:37:46	108m	3'14"/km