

CB Longue Distance

Lagland 1.9.2024

CO Liège

Danielle NOLENS

hamok

Circuit : D75

Distance : 2600m (Dénivelé 40m)

Temps : 1:03:57 (24'36"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|---------|
| 1. Monique DEFFENSE | 0:48:09 |
| 3. Françoise CHATELAIN-NANOUX | 1:05:12 |

1.	128	00:13:30		303m	44'33"/km
2.	116	00:06:17	00:19:47	263m	23'53"/km
3.	164	00:06:49	00:26:36	279m	24'26"/km
4.	117	00:05:27	00:32:03	177m	30'47"/km
5.	135	00:03:13	00:35:16	198m	16'15"/km
6.	107	00:05:58	00:41:14	258m	23'08"/km
7.	56	00:05:50	00:47:04	292m	19'59"/km
8.	57	00:09:58	00:57:02	326m	30'34"/km
9.	162	00:01:25	00:58:27	91m	15'34"/km
10.	165	00:04:40	01:03:07	265m	17'37"/km
11.	999	00:00:50	01:03:57	108m	7'43"/km

HELGA

Orienteering Software