

CB Longue Distance

Lagland 1.9.2024

CO Liège

Sofie HERREMANS

hamok

Strecke : D40

Länge : 6500m (Steigung 135m)

Zeit : 1:37:18 (14'58"/km)

5/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Kim GEYPEN	1:03:39
2. Lieke VAN OPSTAL	1:18:58
3. Netsi WODAJÓ	1:24:26

1.	149	00:03:05		306m	10'05"/km
2.	116	00:02:10	00:05:15	213m	10'10"/km
3.	138	00:02:41	00:07:56	277m	9'41"/km
4.	118	00:10:31	00:18:27	302m	34'49"/km
5.	107	00:06:05	00:24:32	204m	29'49"/km
6.	137	00:01:31	00:26:03	133m	11'24"/km
7.	121	00:06:22	00:32:25	514m	12'23"/km
8.	142	00:04:40	00:37:05	438m	10'39"/km
9.	139	00:01:52	00:38:57	207m	9'01"/km
10.	141	00:06:24	00:45:21	450m	14'13"/km
11.	87	00:02:14	00:47:35	199m	11'13"/km
12.	90	00:17:34	01:05:09	1236m	14'13"/km
13.	123	00:02:08	01:07:17	119m	17'56"/km
14.	161	00:11:57	01:19:14	427m	27'59"/km
15.	100	00:08:07	01:27:21	476m	17'03"/km
16.	145	00:01:59	01:29:20	112m	17'42"/km
17.	104	00:02:55	01:32:15	257m	11'21"/km
18.	147	00:01:17	01:33:32	102m	12'35"/km
19.	165	00:03:15	01:36:47	400m	8'08"/km
20.	999	00:00:31	01:37:18	108m	4'47"/km

Orienteering Software