

CB Longue Distance

Lagland 1.9.2024

CO Liège

Lieke VAN OPSTAL

K.O.L.

Strecke : D40

Länge : 6500m (Steigung 135m)

Zeit : 1:18:58 (12'09"/km)

2/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Kim GEYPEN	1:03:39
3. Netsi WODAJO	1:24:26

1.	149	00:02:53		306m	9'25"/km
2.	116	00:02:41	00:05:34	213m	12'36"/km
3.	138	00:02:12	00:07:46	277m	7'57"/km
4.	118	00:05:02	00:12:48	302m	16'40"/km
5.	107	00:02:38	00:15:26	204m	12'55"/km
6.	137	00:01:29	00:16:55	133m	11'09"/km
7.	121	00:04:45	00:21:40	514m	9'14"/km
8.	142	00:03:59	00:25:39	438m	9'06"/km
9.	139	00:01:53	00:27:32	207m	9'06"/km
10.	141	00:05:31	00:33:03	450m	12'16"/km
11.	87	00:02:08	00:35:11	199m	10'43"/km
12.	90	00:15:44	00:50:55	1236m	12'44"/km
13.	123	00:01:45	00:52:40	119m	14'42"/km
14.	161	00:09:22	01:02:02	427m	21'56"/km
15.	100	00:07:42	01:09:44	476m	16'11"/km
16.	145	00:01:18	01:11:02	112m	11'36"/km
17.	104	00:02:40	01:13:42	257m	10'23"/km
18.	147	00:01:17	01:14:59	102m	12'35"/km
19.	165	00:03:31	01:18:30	400m	8'47"/km
20.	999	00:00:28	01:18:58	108m	4'19"/km

Orienteering Software