



BKR Dagomlopen / BCR Parcours des jours Kamp Grobbendonk 25.8.2024 TROL

Frank VAN ROOST

Omega

Omloop : H:MM

Afstand : 5020m

Tijd : 0:57:43 (11'30"/km)

13/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Raf MAES | 0:39:21 |
| 2. Jean-Pol HOULMONT | 0:42:27 |
| 3. Jan VAN DER ELST | 0:43:59 |

1.	107	00:05:10		448m	11'32"/km
2.	89	00:09:10	00:14:20	332m	27'37"/km
3.	108	00:05:01	00:19:21	449m	11'10"/km
4.	74	00:04:05	00:23:26	390m	10'28"/km
5.	88	00:05:14	00:28:40	484m	10'49"/km
6.	123	00:01:49	00:30:29	203m	8'57"/km
7.	79	00:02:34	00:33:03	236m	10'53"/km
8.	124	00:00:41	00:33:44	81m	8'26"/km
9.	80	00:03:40	00:37:24	281m	13'03"/km
10.	134	00:01:30	00:38:54	142m	10'34"/km
11.	91	00:11:56	00:50:50	1197m	9'58"/km
12.	99	00:03:41	00:54:31	366m	10'04"/km
13.	92	00:00:43	00:55:14	81m	8'51"/km
14.	90	00:01:45	00:56:59	164m	10'40"/km
15.	999	00:00:44	00:57:43	104m	7'03"/km

HELGA
Orienteering Software