



BKR Dagomlopen / BCR Parcours des jours Kamp Grobbendonk 25.8.2024 TROL

Jan VAN DER ELST

Omega

Omloop : H:MM

Afstand : 5020m

Tijd : 0:43:59 (8'46"/km)

3/17

O.K.

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- | | |
|----------------------|---------|
| 1. Raf MAES | 0:39:21 |
| 2. Jean-Pol HOULMONT | 0:42:27 |

1.	107	00:04:39		448m	10'23"/km
2.	89	00:04:17	00:08:56	332m	12'54"/km
3.	108	00:04:06	00:13:02	449m	9'08"/km
4.	74	00:03:03	00:16:05	390m	7'49"/km
5.	88	00:03:33	00:19:38	484m	7'20"/km
6.	123	00:01:24	00:21:02	203m	6'54"/km
7.	79	00:02:02	00:23:04	236m	8'37"/km
8.	124	00:00:26	00:23:30	81m	5'21"/km
9.	80	00:02:20	00:25:50	281m	8'18"/km
10.	134	00:02:59	00:28:49	142m	21'01"/km
11.	91	00:09:51	00:38:40	1197m	8'14"/km
12.	99	00:02:35	00:41:15	366m	7'03"/km
13.	92	00:00:42	00:41:57	81m	8'39"/km
14.	90	00:01:24	00:43:21	164m	8'32"/km
15.	999	00:00:38	00:43:59	104m	6'05"/km

HELGA
Orienteering Software