



Treino 24 - EsPCEEx 2024
Pqrque Ecológico 21.8.2024
Clube de Orientação da EsPCEEx

Alu Ribeiro

1ª Cia

Course : H21B

Distance : 4200m (Climbing 120m)

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not classified

[Full result on Webres](#)

- | | |
|----------------|---------|
| 1. Alu Dias | 0:39:11 |
| 2. Alu Barroso | 0:41:33 |
| 3. Alu Intorne | 0:52:11 |

1.	46	00:08:09		226m	36'04"/km
2.	39	00:16:34	00:24:43	193m	85'50"/km
3.	37	00:08:50	00:33:33	230m	38'24"/km
4.	42	00:15:38	00:49:11	319m	49'00"/km
5.	43	00:01:56	00:51:07	320m	6'03"/km
6.	35	00:11:51	01:02:58	778m	15'14"/km
7.	33	00:09:23	01:12:21	221m	42'28"/km
8.	32	00:03:34	01:15:55	110m	32'25"/km
9.	31	00:12:10	01:28:05	458m	26'34"/km
10.	44	00:01:42	01:29:47	216m	7'52"/km
11.	46	00:19:08	01:48:55	352m	54'21"/km
12.	40	00:06:18	01:55:13	331m	19'02"/km
13.	999	00:03:21	01:58:34		

HELGA

Orienteering Software