



Treino 24 - EsPCEEx 2024

Pqrque Ecológico 21.8.2024

Clube de Orientação da EsPCEEx

Alu Hipólito

3ª Cia

Course : D21A

Distance : 4800m (Climbing 150m)

Time : 1:10:08 (14'37"/km)

3/5

O.K.

[Full result on Webres](#)

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|------------------|---------|
| 1. Alu Comarú | 1:03:40 |
| 2. Sgt Jaqueline | 1:05:27 |

1.	46	00:03:00		226m	13'16"/km
2.	39	00:01:58	00:04:58	193m	10'11"/km
3.	36	00:06:39	00:11:37	392m	16'58"/km
4.	38	00:03:14	00:14:51	175m	18'29"/km
5.	37	00:05:58	00:20:49	151m	39'31"/km
6.	43	00:05:39	00:26:28	526m	10'44"/km
7.	45	00:02:37	00:29:05	345m	7'35"/km
8.	47	00:03:14	00:32:19	239m	13'32"/km
9.	36	00:04:18	00:36:37	316m	13'36"/km
10.	35	00:03:59	00:40:36	298m	13'22"/km
11.	34	00:03:27	00:44:03	181m	19'04"/km
12.	32	00:05:35	00:49:38	130m	42'57"/km
13.	33	00:03:32	00:53:10	110m	32'07"/km
14.	44	00:05:06	00:58:16	217m	23'30"/km
15.	31	00:01:58	01:00:14	216m	9'06"/km
16.	46	00:02:59	01:03:13	322m	9'16"/km
17.	40	00:03:43	01:06:56	331m	11'14"/km
18.	41	00:02:12	01:09:08	304m	7'14"/km
19.	999	00:01:00	01:10:08	88m	11'22"/km

Orienteering Software