



Treino 24 - EsPCEEx 2024

Pqrque Ecológico 21.8.2024

Clube de Orientação da EsPCEEx

Alu Arthur Martins

1ª Cia

Course : H21A

Distance : 4700m (Climbing 150m)

Time : 0:58:29 (12'27"/km)

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O.K.

[Full result on Webres](#)

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|-------------------------|---------|
| 1. Alu Maronês | 0:46:24 |
| 2. Alu Bisinotto | 0:46:53 |
| 3. Alu Gustavo Henrique | 0:48:23 |

1.	31	00:03:06		276m	11'14"/km
2.	33	00:05:43	00:08:49	392m	14'35"/km
3.	32	00:01:36	00:10:25	110m	14'33"/km
4.	34	00:02:58	00:13:23	130m	22'49"/km
5.	35	00:03:30	00:16:53	181m	19'20"/km
6.	36	00:03:36	00:20:29	298m	12'05"/km
7.	37	00:02:10	00:22:39	179m	12'06"/km
8.	38	00:03:48	00:26:27	151m	25'10"/km
9.	36	00:02:38	00:29:05	175m	15'03"/km
10.	43	00:05:05	00:34:10	493m	10'19"/km
11.	45	00:02:28	00:36:38	345m	7'09"/km
12.	47	00:03:33	00:40:11	239m	14'51"/km
13.	39	00:02:05	00:42:16	334m	6'14"/km
14.	44	00:03:15	00:45:31	329m	9'53"/km
15.	46	00:02:38	00:48:09	352m	7'29"/km
16.	40	00:07:09	00:55:18	331m	21'36"/km
17.	41	00:02:03	00:57:21	304m	6'45"/km
18.	999	00:01:08	00:58:29	88m	12'53"/km

Orienteering Software