



TREINO DE ORIENTAÇÃO EME/DGP/GAB CCOMGEX - SOBRADINHO 14.8.2024 MA ORIENTEERING

St Altair

GAB CMT EX

Omloop : 01

Afstand : 4800m (Hoogteverschil 50m)

Tijd : 0:36:30 (7'36"/km)

4/33

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Cap Valker | 0:31:06 |
| 2. Ten Schmitt | 0:32:37 |
| 3. Sd Daniel Pereira | 0:32:46 |

1.	32	00:01:56		330m	5'52"/km
2.	33	00:01:22	00:03:18	269m	5'05"/km
3.	34	00:02:14	00:05:32	209m	10'41"/km
4.	35	00:02:45	00:08:17	469m	5'52"/km
5.	40	00:01:27	00:09:44	293m	4'57"/km
6.	39	00:03:00	00:12:44	395m	7'36"/km
7.	37	00:01:48	00:14:32	85m	21'11"/km
8.	38	00:03:36	00:18:08	186m	19'21"/km
9.	31	00:04:30	00:22:38	685m	6'34"/km
10.	44	00:00:57	00:23:35	165m	5'45"/km
11.	36	00:04:28	00:28:03	505m	8'51"/km
12.	41	00:04:47	00:32:50	436m	10'58"/km
13.	42	00:01:32	00:34:22	255m	6'01"/km
14.	43	00:01:53	00:36:15	408m	4'37"/km
15.	999	00:00:15	00:36:30	77m	3'15"/km

HELGA
Orienteering Software