



**Treino - CMSM**  
**Fepagro - Santa Maria 13.8.2024**  
**Colégio Militar de Santa Maria**

**Al Rumpel**

Colégio Militar de Santa Maria

Circuit : H21A

Distance : 6000m (Dénivelé 130m)

Temps : 1:53:52 (18'59"/km)

**7/7**

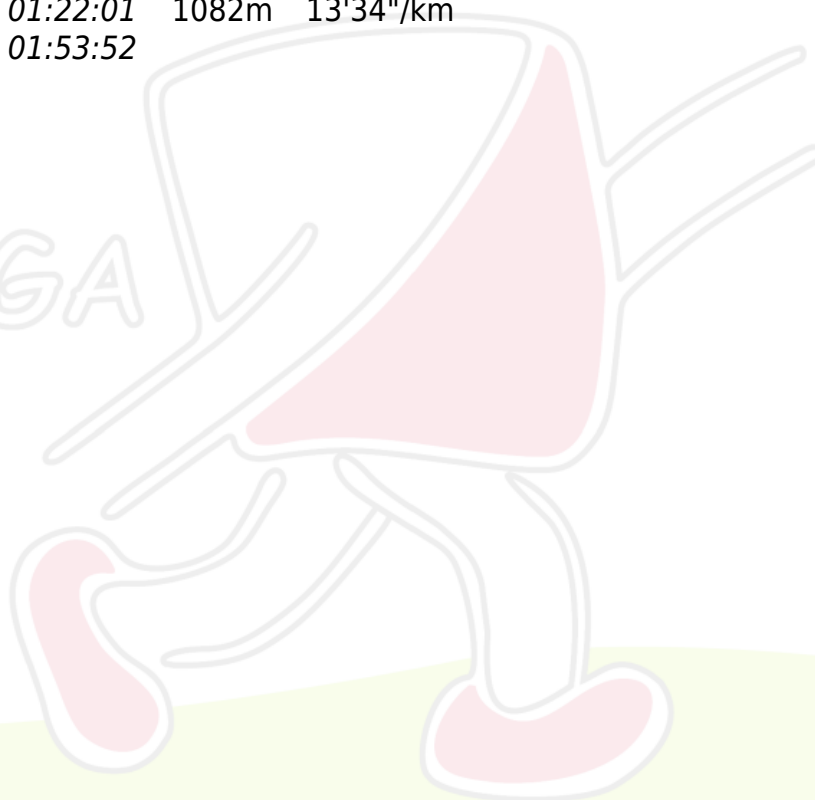
O.K.

[Résultats complets sur Webres](#)

- |               |         |
|---------------|---------|
| 1. Al Audrei  | 1:10:20 |
| 2. Al Dawison | 1:17:35 |
| 3. Al Ruiz    | 1:19:14 |

|    |     |          |          |       |           |
|----|-----|----------|----------|-------|-----------|
| 1. | 40  | 00:02:22 |          | 176m  | 13'27"/km |
| 2. | 32  | 00:04:41 | 00:07:03 | 264m  | 17'44"/km |
| 3. | 31  | 00:08:00 | 00:15:03 | 401m  | 19'57"/km |
| 4. | 36  | 00:12:53 | 00:27:56 | 844m  | 15'16"/km |
| 5. | 37  | 00:14:56 | 00:42:52 | 796m  | 18'46"/km |
| 6. | 38  | 00:03:12 | 00:46:04 | 771m  | 4'09"/km  |
| 7. | 36  | 00:21:16 | 01:07:20 | 403m  | 52'46"/km |
| 8. | 35  | 00:14:41 | 01:22:01 | 1082m | 13'34"/km |
| 9. | 999 | 00:31:51 | 01:53:52 |       |           |

HELGA



Orienteering Software